

**Dr. Patricia Frisch**  
**The Orgonomic Institute of Northern California**  
**Tutorial Training Sessions**  
**Prices & Policies**

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Dr. Frisch will offer Tutorial Training Sessions as an alternative to formally scheduled classes. When there are sufficient numbers of students (minimum of 3), introductory and intermediate level training sessions will be offered in a small tutorial format. These sessions will be 4 hours in length. This outline summarizes topics, prices, and policies for Tutorial Training Sessions.

**Introductory** trainings are for professionals who wish to enliven their current approach with more dynamic character work. Students are introduced to the theory of Wilhelm Reich, father of somatic psychology, and can learn an effective mind/body approach as an additional component to verbal analytic therapy. Introductory sessions are required in order to go forward with more advanced work. These classes will include: setting up a contained therapeutic frame, establishing present centered contact in the therapeutic relationship, powerful character analytic interventions, working directly with resistance and negative transference, diagnosis of pregenital and neurotic character disorders including the diagnostic typologies of Masterson's Disorders of the Self and Reich's character disorders; and integration of current attachment theory. Tutorials will include other critical, conceptual material. The basics of somatic psychology: general energy concepts, segmental armoring, and respiration will also be discussed in the introductory courses.

**Introductory Classes include these topics:**

**Fundamentals of Wilhelm Reich: Theory & Practice**

- Historical overview: from Reich's character analysis to Orgone biotherapy
- Contact/contactlessness/substitute contact
- Development of character and defense: core feeling, secondary layers, and façade

**Basics of Good Therapy: Holding the Therapeutic Frame**

- Setting up and holding the therapeutic frame
- Working with resistance
- Basics of Orgonomy: elements of bioenergetics and genitality

**Character Analysis: Working with Presenting Style - an Inroad into Defense**

- Introduction to character formation and the red thread
- Principles of character analysis
- Power of working in the present moment

**Intermediate** classes will focus on specific theory and practice, and include focus on topics such as dream analysis, transference, the therapeutic relationship, perfecting your skills of intervention, working with the difficult patient, differential diagnosis, and other topics.

**Intermediate Classes include these topics:**

**Diagnostic Typologies: Masterson & Reich – Differential Diagnosis**

- Working with the difficult patient
- Perfecting your intervention skills
- Developing the therapeutic relationship

**Growing the Self: Reich, Masterson, & Jung**

- Reich: living the genital character
- James Masterson: the development of the self – developmental object relations
- Jung: individuation and transformation through the therapeutic process

**General Information:**

- Sessions are held at Dr. Frisch's office at 315 Eldridge Ave., Mill Valley, CA 94941.
- Students must register to attend – there is no drop-in availability.
- C.E. credit may be provided to MFT/LCSW's and RN's, but not to psychologists. Students wishing C.E. credit must pay an additional \$10 certificate fee.

**Prices & Policies:**

- A 4-hour Introductory Tutorial Session is priced at \$200 per person if paid 30 or more days in advance of the tutorial date, or \$225 if paid later.
- A 4-hour Intermediate Tutorial Session is priced at \$300 per person if paid 30 or more days in advance of the tutorial date, or \$375 if paid later.
- Dates and times are set after sufficient group interest is established. Please let us know if you are interested in tutorial trainings and we'll contact you when we set the session dates. You are under no obligation until you formally enroll.
- All registrations are due 14 days in advance of the tutorial date.
- Cancellations made 15 or more days in advance will be refunded in full minus a \$75 administration fee.
- Cancellations made 7-14 days in advance of the tutorial start date will be refunded at 50%.
- There are no refunds within 6 days of the tutorial start date.

You'll find additional information on our web site at <http://www.orgonomictherapy.com>. You may also email [assist@orgonomictherapy.com](mailto:assist@orgonomictherapy.com) or call 415-388-0622 to ask questions or to request a full Program Details Packet or Application.